

Drug Status Report

Drug: HEXAGHEN Pharmacodynamic IGF-1 Optimizer

Drug Status Name: HEXAGHEN IGF-1 Optimizer is the brand name.

The product is marketed for bodybuilding purposes and is claimed to consist of the following:

- I** - GHRP-2 Hexapeptide acetate
- II** - Cis-4,17(20)-Pregnadiene-3,16-dione
- III** - Trans-4,17(20)-Pregnadiene-3,16-dione

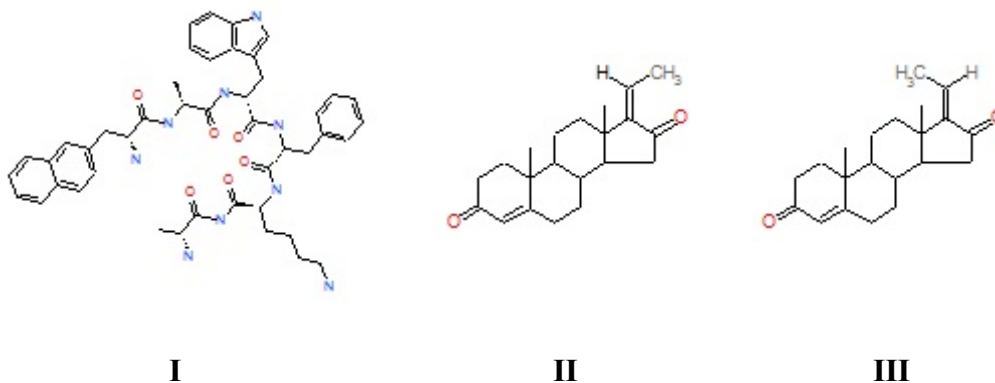
Chemical Name:

- I** - L-lysineamide, D-alanyl-3-(2-naphthalenyl)-D-alanyl-L-alanyl-L-tryptophyl-D-phenylalanyl-
- II** - Pregna-4,17(20)-diene-3,16-dione, (17Z)
- III** - Pregna-4,17(20)-diene-3,16-dione, (17E)

Other Names:

- I** - KP 102; Pralmoreline
- II** - Z-Gugglusterone; Z-4,17(20)-*cis*-Pregnadiene-3,16-dione
- III** - E-Gugglsterone; E-4,17(20)-*trans*-Pregnadiene-3,16-dione

Chemical Structure:



Molecular Formula: **I** - $C_{45}H_{55}N_9O_6$; **II** - $C_{21}H_{28}O_2$; **III** - $C_{21}H_{28}O_2$

Pharmacological class / Application: **I** - Growth hormone regulator; **II, III** - steroid

International status:

US: The substances are not listed on the schedules to the CSA and are not mentioned on the DEA website.

United Nations: The substance is not listed on the Yellow List - List of Narcotic Drugs under International Control. The drug is not listed on the Green List - List of Psychotropic Substances under International Control.

Canadian Status: GHRP-2 has been implicated in the feedforward control of Growth Hormone¹ and is not listed specifically on the CDSA nor similar to any of the substances listed in the Schedules to the CDSA.

4,17(20)-pregnadiene-3,16-dione is derived from the plant *Commiphora mukul* and exists as its Z- and E-isomers. 4,17(20)-pregnadiene-3,16-dione has been shown to display marked cholesterol- and lipid-lowering activity and has been reported to be efficacious treatment for osteoarthritis and bone resorption^{2,3}. 4,17(20)-pregnadiene-3,16-dione has not been reported in the literature to display anabolic activity and is not a derivative of an anabolic steroid. The substance therefore is not included under Item 23 “Anabolic steroids and their derivatives” of Schedule IV to the CDSA.

Recommendation: HEXAGHEN Pharmacodynamic IGF-1 Optimizer is not included in the Schedules to the CDSA and is not a controlled substance.

March 17th, 2010

¹Veldhuis JD *et al.* (2005) Testosterone supplementation in healthy older men drives GH and IGF-I secretion without potentiating peptidyl secretagogue efficacy, *Eur. J. Endocrinol.* **153**:577-586.

²Ichikawa, H and Aggarwal, BB. (2006) Guggulsterone inhibits osteoclastogenesis induced by receptor activator of nuclear factor- κ B ligand and by tumor cells by suppressing nuclear factor- κ B activation, *Clinical Cancer Res.* **12**:662-668.

³Nagarajan, M *et al.* (2001) Simultaneous determination of E- and Z-guggulsterones in dietary supplements containing *Commiphora mukul* extract (Guggulipid) by liquid chromatography, *J. AOAC Int.* **84**:24-28.